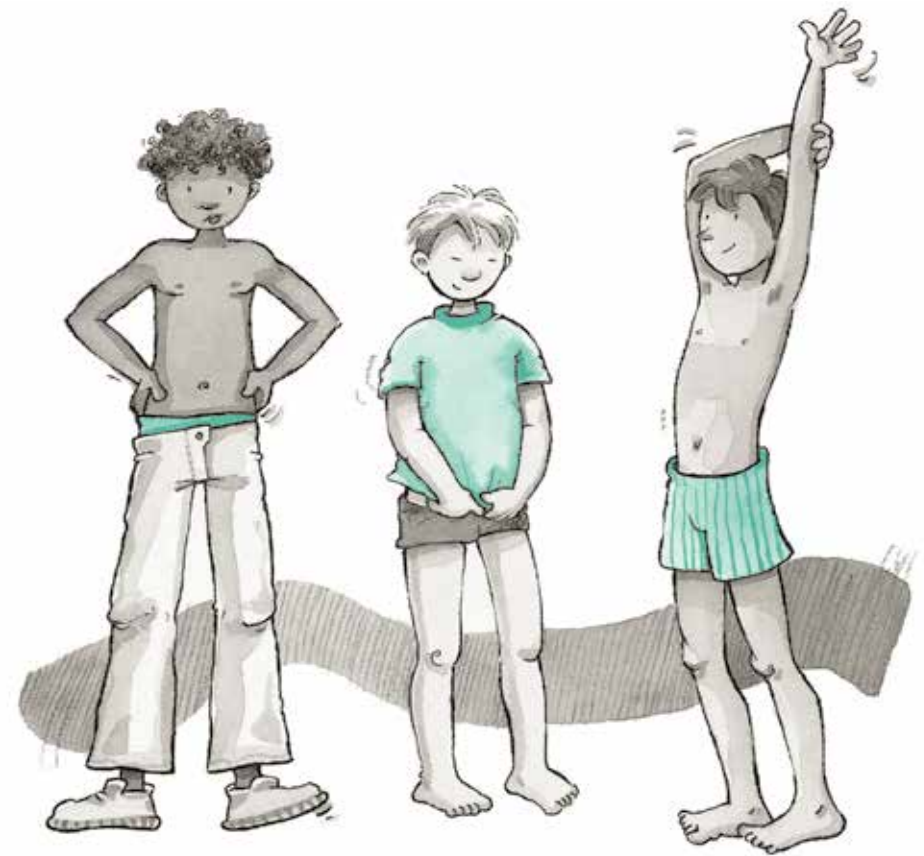


Changes here and there



You have been changing since you were born and will keep changing until you die, so... why so much fuss about adolescence? In fact, in certain periods or cultures, there is no talk about teen age and you go directly from being a child to being an adult. Sometimes this transition is represented by means of a rite of passage, but you live in a technologically advanced society in which adolescence goes beyond mere physical changes.

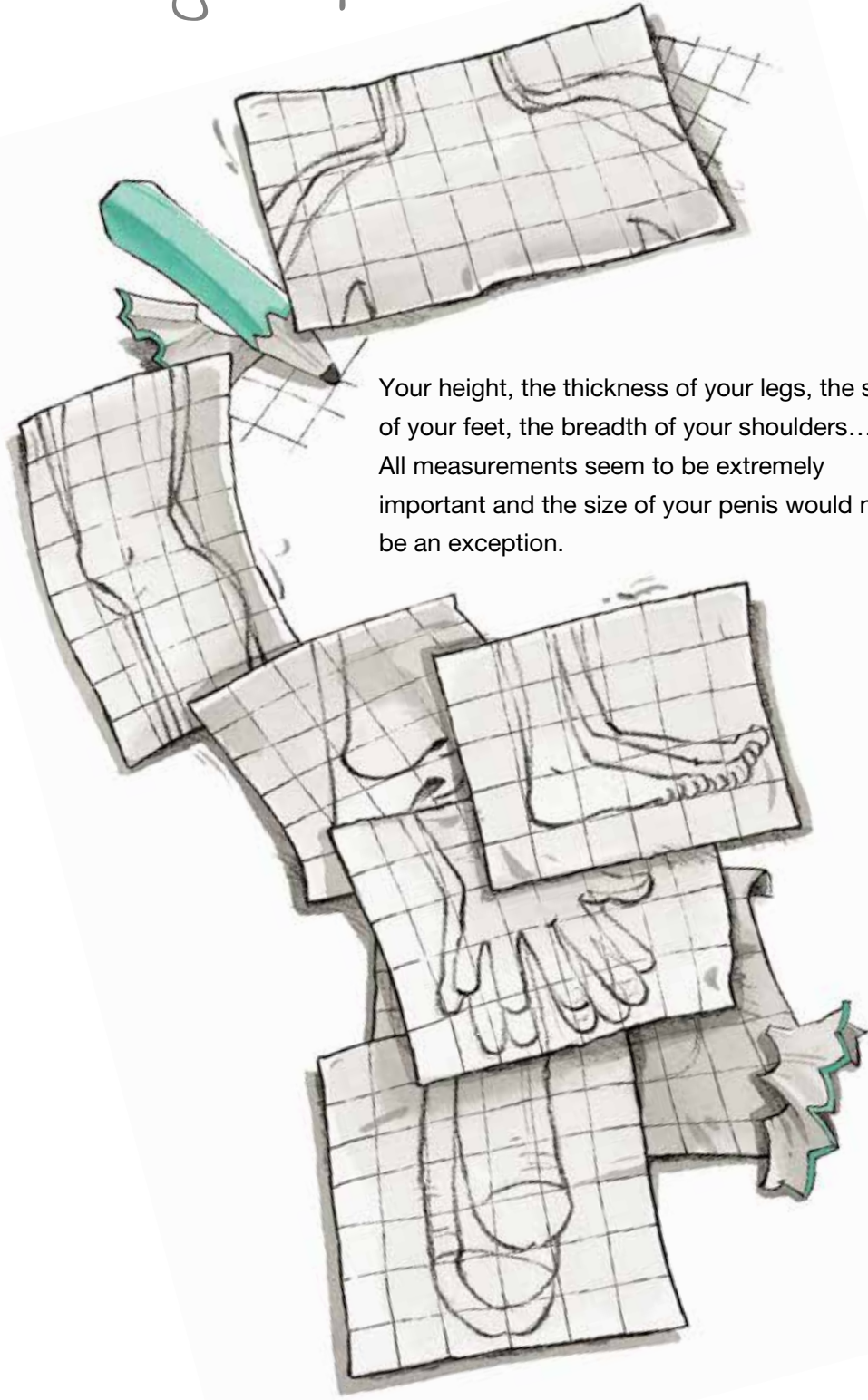


Your penis and testicles become bigger, your muscles start developing, hair starts growing in different parts of your body... Your vocal chords grow thicker but not at once, that's why sometimes your voice sounds shrill and you can't help it. Maybe you also start growing in a disproportionate way: Very long arms and legs with narrow shoulders, big feet and a small chest. But don't worry, because over time your body will grow to all the right measures.

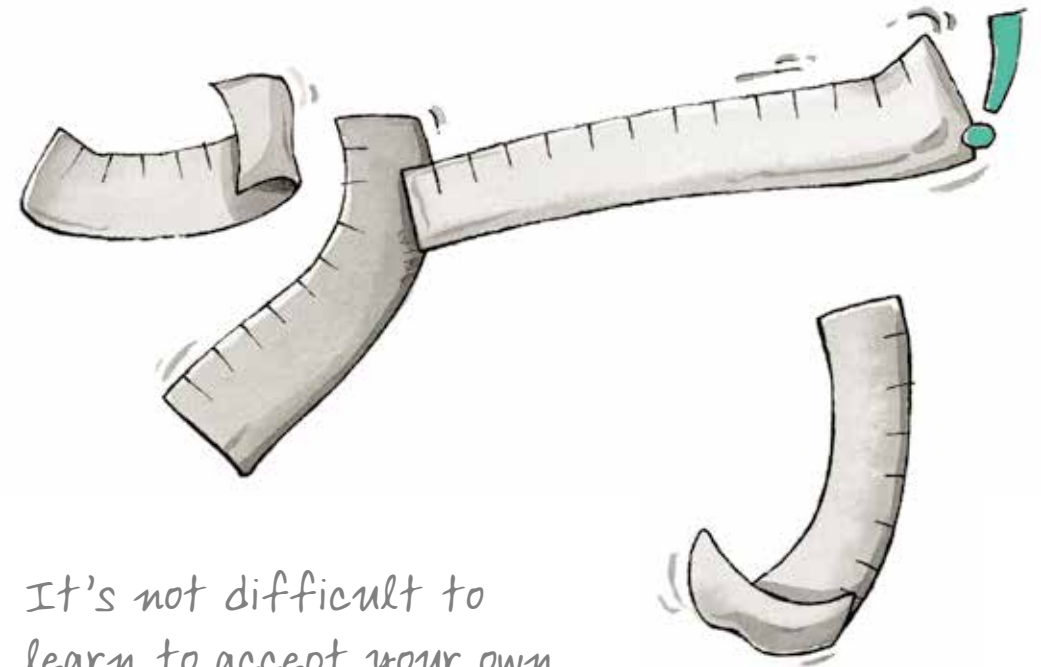
In fact each one of us is unique and different from the rest, in body as well as in your way of being. Learning to accept others and yourself is a good way to start your teen age.

Adolescence refers to a series of changes in thinking and behavior you experiment during a period that extends from childhood to adulthood. When we talk about puberty we refer just to physical changes and they are many!

Is size important?



Your height, the thickness of your legs, the size of your feet, the breadth of your shoulders... All measurements seem to be extremely important and the size of your penis would not be an exception.



It's not difficult to learn to accept your own body and those of others.

There are sizes and measures that look perfect and everybody tries to get as close to them as possible. If you think about it and consider models (male and female), they are models precisely because they are a minority. So, don't you think it is absurd to try and do the impossible? Learning to accept your own body is not so hard; it is just a question of trying to do it.

As for the size of the penis, there are very few cases that represent a real problem, that is, when the penis is excessively small or excessively large. Although that also depends on your sexual partner, because vaginas come in different sizes too and girls may have different tastes in sex as in everything else. So don't worry if you lose by comparison, because there are very few problem cases.

Even when limp penises vary in size, when they are erect they are practically the same size in all men. There are, however, different lengths and thickness in young and older men.

Safe sex

Do you want to have a baby now? Taking care of the baby, raising him or her, loving him, educating him, changing his diapers, getting up in the night to lull and soothe her... When you have sexual relations with a girl you face the possibility of a pregnancy. And don't think about an abortion, because maybe the girl doesn't even want to hear about it, so you'd better not act irresponsibly, since the life of several people is involved. It is not so difficult to use a condom, is it? You are not a child anymore and you risk a lot.

Condoms also protect you from sexually transmitted diseases or STD. These are infections passed on from a person to another during sexual intercourse, although some of them can also be transmitted differently.

It's not worth running unnecessary risks. Use a condom.



Most can be cured if they are detected early, except AIDS, which affects the immune system in people in such a way they just cannot overcome any disease. The AIDS virus is transmitted through bodily fluids such as semen, vaginal fluid and blood.

If you notice something is wrong, even if you do not have sexual relations, go and see a specialist doctor. Many diseases are transmitted without the participation of sexual intercourse. Some typical symptoms are itching in the genital area, secretion of the penis, an urge to urinate very frequently accompanied by a burning sensation, any lump, wart or blemish or blood in the urine.

Here is a list of some STDs: Syphilis, gonorrhea, trichomoniasis, condylomas, herpes, fungus, chlamydia, crab lice, mange, cystitis, urethritis. You will find a lot of information about them on the Internet.

